



NEPTUNE  
HEALTH  
BE KIND TO YOURSELF  
-EST 1974-



Come join the brighter part of life!

Mind Wellness, Rehabilitation & Long-Term Care

NEPTUNE HEALTH



CALL 24/7 HOTLINE FOR  
EMERGENCY CARE & ADMISSION

0720 222 555

Consultations can be booked any day of the week,  
and admissions are facilitated 24 hours a day,  
365 days a year.

No. 186 (2<sup>nd</sup> floor), Park Road, Colombo - 5.

Tel: +94-112 055 644 Web: [www.neptunehealth.lk](http://www.neptunehealth.lk)



Confidentiality  
Guaranteed

[www.neptunehealth.lk](http://www.neptunehealth.lk)





Neptune, with over thirty years' experience in mind wellness counseling, treatments, and rehabilitation, maintains a special unit dedicated exclusively to treatments equipped with modern facilities, including seclusion facilities, electroconvulsive therapy (ECT), and other treatments.



Hygienically kept wards are equipped with special requirements to suit patients requiring mind wellness treatments, along with round-the-clock services by resident doctors and on-call specialist consultants.



We have more than 70 senior consultant psychiatrists on our panel who practice at government hospitals, including the National Institute of Mental Health (formerly known as the Mental Hospital Angoda), making us the country's leading private psychiatric treatment provider. Apart from psychiatrists, we have over 200 specialist consultants covering other specialties in a fully-fledged hospital environment.



## SNAPSHOT OF OUR SERVICES

- Professional counseling sessions by consultant psychiatrists, psychologists, psychotherapists, and counselors.
- Channel consultation by specialist consultant psychiatrists, followed by diagnosis and treatment.
- Drug screening packages.
- Adolescent psychiatric assessments.
- Residential treatments.
- Management of patients prone to violence.
- OPD day admissions and indoor ECT treatments.
- Residential treatment packages include professional fees: Substance misuse (alcohol / drug) (7/10/15 days).
- Residential room price packages **(weekly / monthly packages):** MENTAL DISORDER, POSTOPERATIVE CARE, CANCER REHABILITATION, STROKE RECOVERY, DEMENTIA, OTHER TERMINAL ILLNESSES, OTHER
- AUTISM /ADHD Clinic.
- Bystander support service.
- Support in transportation of patients prone to violence.
- Maximum security for patients with CCTV camera monitoring.



If detected and diagnosed at the correct time, most psychiatric illnesses could be well-managed, allowing patients to carry on a normal life thereafter.



## COMMON ILLNESSES / DISORDERS MANAGED BY US:

- Stress
- Substance abuse (drug, alcohol, and smoking addictions)
- Behavioral addictions (gambling, food, etc.)
- Memory dysfunctions
- Sexual dysfunctions

### General psychiatric illnesses / disorders:

- ✓ Schizophrenia
- ✓ Bipolar disorders
- ✓ Depression
- ✓ Anxiety and obsessive - compulsive disorders
- ✓ Suicidal attempts or deliberate self-harm attempts